

U.S.A. SUICIDE: 2013 OFFICIAL FINAL DATA

	Number	Per Day	Rate	% of Deaths	Group (Number of Suicides)	Rate
Nation.....	41,149	112.7	13.0	1.6	White Male (28,943).....	23.4
Males.....	32,055	87.8	20.6	2.5	White Female (8,211).....	6.5
Females.....	9,094	24.9	5.7	0.7	Nonwhite Male (3,112).....	9.7
Whites.....	37,154	101.8	14.9	1.7	Nonwhite Female (883).....	2.6
Nonwhites.....	3,995	10.9	6.0	1.1	Black Male (1,891).....	9.0
Blacks.....	2,353	6.4	5.4	0.8	Black Female (462).....	2.0
Elderly (65+ yrs.).....	7,215	19.8	16.1	0.4	Hispanic (2,865).....	5.3
Young (15-24 yrs.).....	4,878	13.4	11.1	17.1	Native Americans (521).....	11.7
Middle Aged (45-64 yrs.).....	15,756	43.2	19.0	3.1	Asian/Pacific Islanders (1,121).....	6.0

Fatal Outcomes (Suicides): a minimal rate increase was seen from 2012 to 2013, continuing the recent rate increases after long-term trends of decline

- Average of 1 person every 12.8 minutes killed themselves
- Average of 1 old person every 1 hour and 13 minutes killed themselves
- Average of 1 young person every 1 hour and 48 minutes killed themselves. (If the 395 suicides below age 15 are included, 1 young person every 1 hour and 40 minutes)
- 10th ranking cause of death in U.S.— 2nd for **young** ----->> Cause Number Rate
- 3.5 male deaths by suicide for each female death by suicide
- Suicide ranks 10th as a cause of death; Homicide ranks 16th

Leading Causes of Death 15-24 yrs		
Cause	Number	Rate
All Causes	28,486	64.8
1-Accidents	11,619	26.4
2-Suicide	4,878	11.1
3-Homicide	4,329	9.8
10-14 yrs	386	1.9
15-19 yrs	1,748	8.3
20-24 yrs	3,130	13.7

Nonfatal Outcomes (Attempts) (figures are estimates):

- 1,028,725 annual attempts in U.S. (using 25:1 ratio); 2013 SAMHSA study: 1.3 million adults (18 and up)
- Translates to one attempt every 31 seconds (based on 1,028,725 attempts) [1.3 million = 1 every 24 seconds]
- 25 attempts for every death by suicide for nation (one estimate); 100-200:1 for young; 4:1 for elderly
- 3 female attempts for each male attempt

Survivors (i.e., family members and friends of a loved one who died by suicide):

- Each suicide intimately affects at least 6 other people (estimate)
- Based on the 825,832 suicides from 1989 through 2013, estimated that the number of survivors of suicides in the U.S. is 4.95 million (1 of every 64 Americans in 2013); number grew by over 246,800 in 2013
- If there is a suicide every 12.8 minutes, then there are 6 new survivors every 12.8 minutes as well

Suicide Methods	Number	Rate	Percent of Total		Number	Rate	Percent of Total
Firearm suicides (1st)	21,175	6.7	51.5%	All but Firearms	19,974	6.3	48.5%
Suffocation/Hanging (2nd)	10,062	3.2	24.5%	Poisoning (3rd)	6,637	2.1	16.1%
Cut/pierce	783	0.2	1.9%	Drowning	397	0.1	1.0%

U.S.A. Suicide Rates 2003-2013 (Rates per 100,000 population)													15 Leading Causes of Death in the U.S.A., 2013 (total of 2,596,993 deaths; 821.5 rate)		
Group/ Age	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	Group/ Age	Rank & Cause of Death	Rate	Deaths
5-14	0.6	0.7	0.7	0.5	0.5	0.6	0.7	0.7	0.7	0.8	1.0	5-14	1 Diseases of heart (heart disease)	193.3	611,105
15-24	9.7	10.3	10.0	9.9	9.7	10.0	10.1	10.5	11.0	11.1	11.1	15-24	2 Malignant neoplasms (cancer)	185.0	584,881
25-34	12.7	12.7	12.4	12.3	13.0	12.9	12.8	14.0	14.6	14.7	14.8	25-34	3 Chronic lower respiratory diseases	47.2	149,205
35-44	14.9	15.0	14.9	15.1	15.6	15.9	16.1	16.0	16.2	16.7	16.2	35-44	4 Accidents (unintentional injury)	41.3	130,557
45-54	15.9	16.6	16.5	17.2	17.7	18.7	19.3	19.6	19.8	20.0	19.7	45-54	5 Cerebrovascular diseases (stroke)	40.8	128,978
55-64	13.8	13.8	13.9	14.5	15.5	16.3	16.7	17.5	17.1	18.0	18.1	55-64	6 Alzheimer's disease	26.8	84,767
65-74	12.7	12.3	12.6	12.6	12.6	13.9	14.0	13.7	14.1	14.0	15.0	65-74	7 Diabetes mellitus (diabetes)	23.9	75,578
75-84	16.4	16.3	16.9	15.9	16.3	16.0	15.7	15.7	16.5	16.8	17.1	75-84	8 Influenza & pneumonia	18.0	56,979
85+	16.9	16.4	16.9	15.9	15.6	15.6	15.6	17.6	16.9	17.8	18.6	85+	9 Nephritis, nephrosis (kidney disease)	14.9	47,112
65+	14.6	14.3	14.7	14.2	14.3	14.8	14.8	14.9	15.3	15.4	16.1	65+	10 Suicide [Intentional Self-Harm]	13.0	41,149
Total	10.8	11.0	11.1	11.5	11.8	12.0	12.4	12.7	12.9	13.0	Total	11 Septicemia	12.1	38,156	
Men	17.6	17.7	17.7	17.8	18.3	19.0	19.2	20.0	20.2	20.6	20.6	Men	12 Chronic liver disease and cirrhosis	11.5	36,427
Women	4.3	4.6	4.5	4.6	4.8	4.9	5.0	5.2	5.4	5.5	5.7	Women	13 Essential hypertension and renal disease	9.7	30,770
White	12.1	12.3	12.3	12.4	12.9	13.3	13.5	14.1	14.5	14.8	14.9	White	14 Parkinson's disease	8.0	25,196
Nonwh	5.5	5.8	5.5	5.5	5.6	5.7	5.8	5.8	5.8	6.1	6.0	NonWh	15 Pneumonitis due to solids and liquids	5.9	18,579
Black	5.1	5.2	5.1	4.9	4.9	5.2	5.1	5.1	5.3	5.5	5.4	Black	- All other causes (Residual)	170.0	537,554
45-64	15.0	15.4	15.3	16.0	16.7	17.5	18.0	18.6	18.6	19.1	19.0	45-64	16 Homicide	5.1	16,121

Old made up 14.1% of 2013 population but represented 17.5% of the suicides.
 Young were 13.9% of 2013 population and comprised 11.9% of the suicides.
 Middle Aged were 26.3% of the 2012 population but were 38.3% of the suicides
 1,169,291* Years of Potential Life Lost Before Age 75 (37,728 of 41,149 suicides below age 75)
 * alternate YPLL figure: 1,166,172 using individual years in calculations rather than 10-year age groups as above.

Many figures appearing here are derived or calculated from data in the following official data sources: downloaded 6 January 2015 from CDC's website: http://www.cdc.gov/nchs/data/nvsr/nvsr64/nvsr64_02.pdf and the multiple cause data file at http://www.cdc.gov/nchs/data_access/Vitalstatsonline.htm. Some figures derived or calculated from data at the CDC's WISQARS Fatal Injuries Report site: http://www.cdc.gov/injury/wisqars/fatal_injury_reports.html, downloaded 22 Jan 2015.

SAMHSA 2013 study (2014): Substance Abuse and Mental Health Services Administration [SAMHSA], Center for Behavioral Health Statistics and Quality. (2014, September 4). *The NSDUH Report: Substance Use and Mental Health Estimates from the 2013 National Survey on Drug Use and Health: Overview of Findings.* Rockville, MD: SAMHSA. <http://store.samhsa.gov/shin/content/NSDUH14-0904/NSDUH14-0904.pdf>

$$\text{suicide rate} = \frac{\text{number of suicides by group}}{\text{population of group}} \times 100,000$$

Suicide Data Page: 2013
 7 January 2015 • Revised 22 January 2015
 Prepared for AAS by Christopher W. Drapeau, M.A., & John L. McIntosh, Ph.D.

Rate, Number, and Ranking of Suicide for Each U.S.A. State*, 2013

Rank	State [Division / Region]	Deaths	Rate	Division [Abbreviation]	Rate	Number
1	Montana [M / West]	243	23.9	Mountain [M]	19.2	4,401
2	Alaska [P / West]	171	23.3	East South Central [ESC]	15.2	2,840
3	Wyoming [M / West]	129	22.1	West North Central [WNC]	14.4	3,005
4	New Mexico [M / West]	431	20.7	South Atlantic [SA]	13.3	8,244
5	Utah [M / West]	579	20.0	Nation	13.0	41,149
6	Nevada [M / West]	541	19.4	West South Central [WSC]	12.7	4,823
7	Colorado [M / West]	1,007	19.1	East North Central [ENC]	12.7	5,936
7	Idaho [M / West]	308	19.1	Pacific [P]	11.9	6,092
9	Maine [NE / Northeast]	245	18.4	New England [NE]	10.8	1,576
10	Vermont [NE / Northeast]	112	17.9	Middle Atlantic [MA]	10.2	4,232
11	Oregon [P / West]	698	17.8			
12	North Dakota [WNC / Midwest]	128	17.7	<u>Region [Subdivision Abbreviations]</u>	<u>Rate</u>	<u>Number</u>
13	Arizona [M / West]	1,163	17.6	West (M, P)	14.1	10,493
14	Arkansas [WSC / South]	516	17.4	South (ESC, WSC, SA)	13.4	15,907
14	South Dakota [WNC / Midwest]	147	17.4	Midwest (WNC, ENC)	13.2	8,941
14	West Virginia [SA / South]	323	17.4	Nation	13.0	41,149
17	Oklahoma [WSC / South]	665	17.3	Northeast (NE, MA)	10.4	5,808
18	Kentucky [ESC / South]	701	15.9			
18	Missouri [WNC / Midwest]	960	15.9	Source: Obtained 6 January 2015 from CDC/NCHS's <i>Mortality in the United States: 2013</i> Public Use File and Web Tables (released 30 December 2014; Table 19) (to appear in <i>Deaths: Final Data for 2013</i> , forthcoming) http://www.cdc.gov/nchs/data/nvsr/nvsr64/nvsr64_02.pdf . [Note: Divisional and regional figures were calculated from state data.] Some figures derived or calculated from data at the CDC's WISQARS Fatal Injuries Report site downloaded 22 January 2015: http://www.cdc.gov/injury/wisqars/fatal_injury_reports.html . [data are by place of residence] [Suicide = ICD-10 Codes X60-X84, Y87.0, U03]		
18	Tennessee [ESC / South]	1,030	15.9	Note: All rates are per 100,000 population.		
21	Florida [SA / South]	2,928	15.0	* Including the District of Columbia.		
22	Alabama [ESC / South]	721	14.9			
23	Wisconsin [ENC / Midwest]	850	14.8	Suicide State Data Page: 2013		
24	Kansas [WNC / Midwest]	425	14.7	7 January 2015 Revised 22 January 2015		
24	Washington [P / West]	1,027	14.7	Prepared by Christopher W. Drapeau, M.A. and John L. McIntosh, Ph.D. for		
26	South Carolina [SA / South]	696	14.6			
27	Iowa [WNC / Midwest]	447	14.5			
28	Indiana [ENC / Midwest]	944	14.4			
29	New Hampshire [NE / Northeast]	185	14.0			
29	Pennsylvania [MA / Northeast]	1,788	14.0			
31	Delaware [SA / South]	122	13.2			
31	Ohio [ENC / Midwest]	1,526	13.2			
33	Michigan [ENC / Midwest]	1,295	13.1			
34	Mississippi [ESC / South]	388	13.0			
34	North Carolina [SA / South]	1,284	13.0			
34	Virginia [SA / South]	1,072	13.0			
	Nation	41,149	13.0			
37	Louisiana [WSC / South]	583	12.6			
37	Rhode Island [NE / Northeast]	132	12.6			
39	Minnesota [WNC / Midwest]	678	12.5			
40	Hawaii [P / West]	171	12.2			
41	Georgia [SA / South]	1,212	12.1			
42	Nebraska [WNC / Midwest]	220	11.8			
43	Texas [WSC / South]	3,059	11.6			
44	California [P / West]	4,025	10.5			
45	Illinois [ENC / Midwest]	1,321	10.3			
46	Maryland [SA / South]	569	9.6			
47	Connecticut [NE / Northeast]	330	9.2			
48	New York [MA / Northeast]	1,687	8.6			
49	Massachusetts [NE / Northeast]	572	8.5			
49	New Jersey [MA / Northeast]	757	8.5			
51	District of Columbia [SA / South]	38	5.9			

Caution: Annual fluctuations in state levels combined with often relatively small populations can make these data highly variable. The use of several years' data is preferable to conclusions based on single years alone.

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*“to understand and prevent suicide
as a means of promoting human well-being”*

Visit the AAS website at:

<http://www.suicidology.org>

For other suicide data, and an archive of state data, visit the website below and click on the dropdown “Suicide Stats” menu:

<http://mypage.iusb.edu/~jmcintos/>