



FSPC Officers

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Vice-Chair	Jane Bennett
Treasurer	Myrtice Landers
Secretary	Vacant

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- R2** Pam Mezzina
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- R4** Lisa Zeller
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- R5** Jody Smith
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February 2023 Newsletter FLORIDA SUICIDE PREVENTION COALITION

*A statewide, grassroots organization
of survivors, crisis centers, & interested citizens*

JOIN OR RENEW FSPC MEMBERSHIP

JOIN NOW!

Join FSPC, a statewide, grassroots organization of survivors, crisis centers, & interested individuals. Collaborate

to advance suicide prevention efforts; get involved, volunteer with local & state FSPC activities; & obtain reduced registration at FSPC events, including the 2023 statewide suicide prevention conference. To join or find out when your renewal is due, please contact Myrtice Landers, FSPC Treasurer (floridasuicideprevention@gmail.com). Membership info: <http://floridasuicideprevention.org/membership/>

FLORIDA STATEWIDE SUICIDE PREVENTION CONFERENCE REGISTRATION OPENS (FEBRUARY 20-21, 2023)

Source: Florida Suicide Prevention Coalition

*FSPC's 7th Florida Taking Action for
Suicide Prevention Conference*

(statewide suicide prevention conference) will be held at Hyatt Place Tampa Wesley Chapel, 26000 Sierra Center Boulevard, Lutz, Florida 33559 on Monday and Tuesday, February 20 & 21, 2023. The FSPC conference online registration process is open - <https://floridasuicideprevention.org/fspcevents/> Lower conference fees through January 31, 2023.

In conjunction with the conference, FSPC is offering three pre-conference workshops on Monday morning, February 20, 2023 beginning at 8:00 am with break and snacks. These workshops permit additional time for exploration, interaction, networking, and thorough information sharing. Considering signing up for



one of these opportunities when registration opens in December (additional fee applies).

[Pre-Conference Workshop #1: Guides to Hope & Healing After Suicide Loss.](#)

[Pre-Conference Workshop #2: Upstream Suicide Prevention for Law Enforcement: Strengthening Mental Resilience, Marriages, and Money Management.](#)

[Pre-Conference Workshop #3: The Zero Suicide Framework: Strategies, Resources, and Lessons Learned for Implementation & Outreach.](#)

Questions, please contact Stephen Roggenbaum at roggenba@usf.edu or 813-784-3171.

LOSS SURVIVORS VOLUNTEERS RECEIVE HALF OFF REGISTRATION AT FLORIDA STATEWIDE SUICIDE PREVENTION CONFERENCE (FEBRUARY 20-21, 2023)

Source: Florida Suicide Prevention Coalition

FSPC's 7th Florida Taking Action for Suicide Prevention Conference (statewide suicide prevention conference) will be at Hyatt Place Tampa/Wesley Chapel on Monday & Tuesday, February 20 & 21, 2023. Please HURRY to volunteer and lock in your 50% off rate.

Loss Survivors can apply during registration to earn half off their conference registration fee as conference volunteers. *Loss Survivor Volunteers* will be assigned to serve as session hosts for three sessions to take advantage of this offer. Session hosts keep time and notify the speakers with specific time cues (time cards provided). They may also help with any handout distribution but generally get to participate as most attendees do. There are a limited number of Loss Survivor Volunteer positions available so apply early. Selections notified soon to provide ample time for planning. Please contact Steve Roggenbaum at roggenba@usf.edu or 813-784-3171 if you have questions.

TAKE ACTION FOR SUICIDE PREVENTION

The Statewide Office for Suicide Prevention and Suicide Prevention Coordinating Council have teamed up to create a series of concerted effort by all members and with our community support and participation hope to make a difference in Florida. These Action Steps are often referred to as a Quarterly Challenge (since each action is the focus for three months).

The current Action Step that everyone can support and join is to help build capacity, our own knowledge. Try to complete your personal action step (see below) by the end of March.

Take a suicide prevention training: Virtual Youth Suicide prevention trainings are offered free of charge and through Talkable Communities. Become trained in the new year!

To learn how to register for an event and further information on suicide in Florida, visit:

www.myflfamilies.com/suicideprevention

STATEWIDE OFFICE OF SUICIDE PREVENTION HIGHLIGHTS RESOURCES

By Anna Sever, M.S., Statewide Office for Suicide Prevention, Office of Substance Abuse and Mental Health, Florida Department of Children and Families

Link:: <http://www.myflfamilies.com/service-programs/samh/prevention/suicide-prevention/index.shtml>



FSPC 2023 Conference

The Florida Suicide Prevention Coalition (FSPC) is hosting its 7th Florida Taking Action for Suicide Prevention Conference at the Hyatt Place Tampa/Wesley Chapel, 26000 Sierra Center Boulevard, Lutz, FL 33559, February 20-21, 2023.

FSPC invites state agency representatives, providers, FSPC members, suicide loss survivors, clergy, first responders, crisis center staff, veterans, prevention advocates, and the public to attend to learn about prevention initiatives, and gain skills in suicide prevention and advocacy. There will be time to network with presenters and other attendees.

This year's FSPC conference provides extended presentation breaks and a poster session for increased interactions with presenters. There will be concurrent sessions to provide conference participants multiple choices for session selection to personally tailor their experience.

New in 2023, Three Pre-Conference Workshops are available Monday 8:00 am to noon.

PCW #1: Guide to Hope & Healing After Suicide Loss

PCW #2: Upstream Suicide Prevention for Law Enforcement: Strengthening Mental Resilience, Marriages, and Money Management

PCW #3: The Zero Suicide Framework: Strategies, Resources, and Lessons Learned for Implementation & Outreach

This valuable educational opportunity will be packed full of important information so register now to attend.

Reserve Your Room Now!

FSPC has reserved a limited block of rooms at conference host site, Hyatt Place Tampa/Wesley Chapel for \$139 (single/double). **Room block and special rates are available until January 31, 2023 at 5:00 pm. Following January 31, 2023, rooms may not be available but if so, at a higher rate.**

To make reservations, contact Hyatt reservation desk directly at (800) 993-4803 and refer to the special rate code G-FLSF. To make reservations on-line, visit <https://hh.ty.com/eng>. Enter arrival/departure dates and click "Check availability" to view the special rate. The "Corporate/Group Code" section under "Special Rates" page will auto-populate with the code G-FLSF.

Conference Registration

Register Online at <http://floridasuicideprevention.org/fspc2023>

Name _____
 Appoint/Relation _____
 Address _____
 City _____ State _____ Zip _____
 Phone (Home) _____ Phone (Cell) _____
 Email _____

Please check the appropriate boxes below

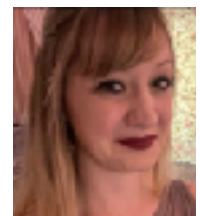
Note: Pre-Conference Workshop (Monday morning) are an additional cost in the conference registration fee. If selected, check one of the three options.

	By January 31, 2023		After January 31, 2023	
	FSPC Member*	FSPC non-Member	FSPC Member*	FSPC non-Member
Pre-Conference Workshop (Monday morning) 1, 2, or 3	<input type="checkbox"/> \$20	<input type="checkbox"/> \$25	<input type="checkbox"/> \$30	<input type="checkbox"/> \$35
Attendee	<input type="checkbox"/> \$80	<input type="checkbox"/> \$90	<input type="checkbox"/> \$90	<input type="checkbox"/> \$100
Presenter	<input type="checkbox"/> \$70	<input type="checkbox"/> \$80	<input type="checkbox"/> \$80	<input type="checkbox"/> \$90
Student	<input type="checkbox"/> \$30	<input type="checkbox"/> \$40	<input type="checkbox"/> \$40	<input type="checkbox"/> \$50
Total	\$ _____	\$ _____	\$ _____	\$ _____

Loss Survivor Volunteer: Check this box to be a loss survivor volunteer. Invest time at session host for three presenters and receive half off your registration fee. Apply early. Limited volunteer positions. Notification in early January.

FSPC Membership: Join or renew FSPC membership for \$35 and receive a reduced conference fee as a thank you. To learn more and become a member, visit <http://floridasuicideprevention.org/membership/>

\$ _____ # _____
 Amount Enclosed (see above) # _____
 Please make checks payable to Florida Suicide Prevention Coalition.
 Mail Registration to: Florida Suicide Prevention Coalition, Stephen Roggenbaum, 26000 Sierra Center Blvd, Lutz, Florida 33559, 813-784-3171
 FSPC #0180-3337-45, Nonprofit, FL 33559 (Check back message if no amount)



Decreasing the Stigma Associated with Suicide:

Promote safe messaging: Please use safe messaging, replacing terms like “committed suicide” or “completed suicide” with “died by suicide”. This helps us think about suicide in the same way as any other health condition like dying from cancer or heart disease rather than a moral problem, choice, goal to achieve, or a crime. Using safe messaging promotes help seeking behavior and respect for the individuals who are currently battling suicidal ideation, have lost their lives to suicide, as well as their families and loved ones.



More information on safe messaging can be found here: [Suicide Prevention - Florida Department of Children and Families \(myffamilies.com\)](https://www.myffamilies.com/suicideprevention)

Sharing Available Resources and Upcoming Suicide Prevention Events:

Ensure that all of the great work done in our state is not siloed, yet we are funneling a comprehensive listing of suicide prevention trainings and events. The Statewide Office for Suicide Prevention is working to ensure that this information is regularly updated. Please see the instructions on the suicide prevention website at <https://www.myffamilies.com/suicideprevention> if you have an upcoming suicide prevention event that you would like to share across the state.

Resources for individuals experiencing a suicidal crisis

If you are having thoughts of suicide, call the National Suicide & Crisis Lifeline at 1-800-273-8255/ 988. Text **HOME** to 741741 to be connected to a trained Crisis Counselor at the Crisis Text Line.

To reach the Florida Veterans Support Line, dial 1-844-693-5838

To learn more about resources available in schools, visit www.fldoe.org/mental-health

For suicide prevention resources, visit <https://www.myffamilies.com/suicideprevention>

Follow the hashtag #StopSuicideFL on social media to learn about statewide suicide prevention activities and initiatives.

DISCOVER WHAT'S HAPPENING IN YOUR AREA

By Stephen Roggenbaum, FSPC Chair

Want to promote a suicide prevention-related activity that you or your agency is hosting? OR would you like to find suicide prevention-related events near to you so you can attend, participate, or volunteer? The Statewide Office of Suicide Prevention has you covered. Submit your event to be included, just complete on online form (Qualtrics Survey format - https://floridadcf.iad1.qualtrics.com/jfe/form/SV_6M2M0JhI1D71tNs) with your information (location, times, contact, costs) and presto, it's in the que for review for the statewide calendar. Below are instructions from the Statewide Office for Suicide Prevention to assist. You can just view the calendar to find events locally or statewide.

Florida Statewide Office for Suicide Prevention Calendar Instructions

Purpose: To promote a uniform and comprehensive awareness of suicide prevention activities taking place throughout our state by generating a public facing event map.

Instructions: Anyone may complete the following two-minute Qualtrics survey to submit an event to be added to the statewide suicide prevention events map. This map is found on the landing page of the Department of Children and Families Suicide Prevention Website, <https://www.myffamilies.com/suicideprevention>.

None of the fields are mandatory to complete. You may include as much or as little information as you deem relevant.



SPRC BEST PRACTICE REGISTRY SOLICITING PROGRAMS

Source: Suicide Prevention Resource Center's Weekly Spark

Website: <https://sprc.org/news/collaboration-key-upstream-suicide-prevention>

Director's Corner: Victoria Waugh-Reed, EdD, SPRC Director of Best Practices Registry

I was a lifeguard in my early twenties. During that time, I rescued two swimmers from drowning, which helped solidify my career goal to help others. For me, there was no greater feeling than saving someone in a moment of crisis until . . . I began teaching people to swim.

Swim instruction is an equally fulfilling and life-saving effort, in that it reduces the risk of a swimmer needing rescue later. When I was older, I had the pleasure of teaching my nephew to swim, which brought me the joy of knowing he is better able to stay safe when he's around water. I share these personal stories to illustrate that drowning prevention can and should take a comprehensive approach, by many different folks, with many different skill sets—just like suicide prevention.

Let's look at where our work falls on the prevention continuum. Like safety in and around water, preventing suicide requires multiple strategies at multiple time points. That may take the form of intervening in a suicidal crisis, like a rescue from drowning, or an earlier "upstream" involvement that prevents the crisis from happening, like swim instruction.

Reducing suicide risk is known as "upstream suicide prevention." The U.S. Surgeon General recently called for [six critical actions](#) to implement the National Strategy for Suicide Prevention, including the necessity to "address upstream factors that impact suicide." Such factors may include exposure to trauma, racism, economic stressors, or disparate access to health care. To address them, evidence suggests the following may be most effective:

1. Promote and enhance social connectedness and opportunities to contribute.
2. Strengthen economic supports.
3. Engage and support high-risk and underserved groups.
4. Dedicate resources to the development, implementation, and evaluation of interventions aimed at preventing suicidal behaviors.

Addressing the big-picture factors that contribute to suicide risk may sound daunting, but it's happening every day—in schools, juvenile justice systems, faith communities, and many other settings across the country. Upstream work requires thinking broadly about what suicide prevention means and considering how we can partner with diverse groups, sectors, and communities to ensure multiple strategies are working together across the prevention continuum. It requires listening, collaborating, and cooperating in both new and traditional ways.

I'm delighted to announce that SPRC's new Best Practices Registry (BPR) is coming soon and will include a special focus on upstream strategies for preventing suicide. This BPR is the same one-stop source you know and trust for suicide prevention programs and interventions, guided by a new vision—to increase health equity through expanded access and representation, of which upstream work is a critical part.

To make this vision a reality, we need you:

- If you or someone you know is doing amazing upstream work, please [apply to the BPR](#). We're seeking applications for programs and interventions that incorporate best practices and culturally relevant approaches. We're accepting more forms of evidence than ever before, and we welcome programs based on community and culturally defined knowledge.
- Start thinking about how to incorporate upstream strategies in your work through new or existing partnerships. What groups in your community are doing work downstream from yours? How



might you collaborate to increase your collective impact? I challenge you to [reach out to a partner today](#).

- Stay tuned on the release of the new BPR by [signing up](#) for the Weekly Spark.

Just as lifeguards and swim instructors have different yet equally important roles in keeping swimmers safe, so too do the crisis counselors at the [988 Suicide & Crisis Lifeline](#), physicians, faith and spiritual leaders, school staff, and many others who help prevent suicide every day. Let's expand and renew our efforts by working together toward the shared goal of saving lives. See you in the water!

Victoria Waugh-Reed, EdD
SPRC Director of Best Practices Registry
University of Oklahoma Outreach
Southwest Prevention Center

FREE YOUTH SUICIDE AWARENESS & PREVENTION TRAINING

Source: Talkable Communities

Website: <https://www.talkablecommunities.org/>



Talkable Communities offers free virtual and in-person training on youth suicide prevention. Three various trainings target different groups: QPR (Questions, Persuade, Refer.) for everyone; It's Time to Talk about it! (ITTAI) for families and adults who interact with young people; and Youth mental Health First Aid (YMHFA) for adults who work or interact with young people. The organization focusses on six Florida counties in the Northeast (Clay, Duval, Flager, Nassau, Putnam, & St. Johns) but you could be anywhere in Florida (or the USA) for free virtual trainings.

Suicide prevention trainings are offered free of charge and virtually through Talkable Communities. Become trained in the new year. Visit the following link to learn more about how to register for a training, <https://www.talkablecommunities.org/>

STARTING JANUARY 17, VETERANS IN SUICIDAL CRISIS CAN GO TO ANY VA OR NON-VA HEALTH CARE FACILITY FOR FREE EMERGENCY HEALTH CARE

Source: Florida Department of Veterans Affairs (FDVA)

Website: https://floridavets.org/starting-jan-17-veterans-in-suicidal-crisis-can-go-to-any-va-or-non-va-health-care-facility-for-free-emergency-health-care/?utm_medium=email&utm_source=govdelivery

Partial information from website: (click on link above to read full article)

WASHINGTON – Starting Jan. 17, Veterans in acute suicidal crisis will be able to go to any VA or non-VA health care facility for emergency health care at no cost – including inpatient or crisis residential care for up to 30 days and outpatient care for up to 90 days. Veterans do not need to be enrolled in the VA system to use this benefit.

This expansion of care will help prevent Veteran suicide by guaranteeing no cost, world-class care to Veterans in times of crisis. It will also increase access to acute suicide care for up to 9 million Veterans who are not currently enrolled in VA.

Preventing Veteran suicide is VA's top clinical priority and a top priority of the Biden-Harris Administration. This effort is a key part of VA's 10-year *National Strategy for Preventing Veteran Suicide* and the Biden-Harris administration's plan for *Reducing Military and Veteran Suicide*. In September, VA released the *2022 National Veteran Suicide Prevention Annual Report*, which showed that Veteran suicides decreased in 2020 for the second year in a row, and that fewer Veterans died by suicide in 2020 than in any year since 2006.

- “Veterans in suicidal crisis can now receive the free, world-class emergency health care they deserve – no matter where they need it, when they need it, or whether they're enrolled in VA

care,” said VA Secretary for Veterans Affairs Denis McDonough. “This expansion of care will save Veterans’ lives, and there’s nothing more important than that.”

STUDENT CHOOSES TO INVESTIGATE SUICIDE & SUICIDE PREVENTION

Source: Olivia, Middle School Student From Southeast Florida

The Hello, my name is Olivia and my school is doing a project on real life issues, and I chose suicide, and how to prevent it. I became interested in this topic because of relatives who I was close with that took their own lives. I wanted to make a change and act on this topic. While researching, I learned that over 800,000 people die from suicide each year, which makes about one person per second. This should not be happening. When you think about 800,000, this is at risk to become a higher number because of loss survivors. Loss survivors are family members of the person who took their own life. This shows that those family members are at high risk of developing mental problems, and suicide. In our lives, we all can be struggling with things that are bigger than us, and we try to hide it. One way to prevent suicide is by talking to someone. You might not know, but that person could be dealing with something similar. Another way is by getting help from a professional. If you ever are thinking of attempting suicide, call 988, the Suicide Prevention Hotline number which was shortened to save lives. When you think about having a dire emergency, and needing to call 911, can you think of having a nine number phone number to call for help on? It’s the same with suicide. If your mental state was so bad to the point where you needed to call the Hotline immediately, it is better to have a three number phone number, as opposed to a nine number phone number. When I learned more about this, I wanted to reach out to an organization so they could tell me more about this topic, and answer my unanswered questions. I spoke with Florida Suicide Prevention Coalition over the phone and on email, and they helped me immensely. They answered my questions and helped me form a deeper understanding of my topic. Thank you so much suicideprevention.org for helping me with my topic, and I will continue to take action!

YOU CAN DIAL 9-8-8 FOR A MENTAL HEALTH EMERGENCY

The three-digit code is like 911, but for mental health emergencies

Source: Substance Abuse and Mental Health Services Administration (SAMHSA)

Website: <https://www.samhsa.gov/newsroom/press-announcements/20220715/us-transition-988-suicide-crisis-lifeline-begins-saturday>

On July 16, the 10-digit National Suicide Prevention Lifeline transitioned to 988—an easy-to-remember 3-digit number for 24/7 crisis care. The lifeline, which also links to the Veterans Crisis Line, follows a three-year joint effort by the U.S. Department of Health and Human Services (HHS), Federal Communications Commission (FCC), and the U.S. Department of Veterans Affairs (VA) to put crisis care more in reach for people in need.

WHAT’S HAPPENING - MARK YOUR CALENDARS!



February 20 & 21, 2023. FSPC’s *7th Florida Taking Action for Suicide Prevention Conference* (Statewide Suicide Prevention conference). Hyatt Place Tampa Wesley Chapel, 26000 Sierra Center Boulevard, Lutz.

February 20, 2023. Choose from three pre-conference workshops related to loss survivors, law

Call when you are upset or overwhelmed and need to talk. The line is 24/7, free, and confidential.

#STOPSUICIDEFL
For more information, visit:
www.myflfamilies.com/suicideprevention

enforcement, and Zero suicide. <https://floridasuicideprevention.org/fspcevents/>

Check Florida's Statewide Office of Suicide Prevention's Event's Calendar for more of What's Happening. <https://www.myflfamilies.com/service-programs/samh/prevention/suicide-prevention/index.shtml>

RESOURCES



If you or someone you know is in crisis, please call **9-8-8** or 1-800-273- 8255 (*National Suicide Prevention Lifeline*).

Crisis Text Line – text “start” to **741-741**

Veteran's Crisis Line **9-8-8** or 1-800-273- 8255, **press 1** & <https://www.veteranscrisisline.net/>

Florida Suicide Prevention Coalition Facebook/Meta page: <https://www.facebook.com/groups/997344794378650>

Resources for Survivors of Suicide Loss. SAVE. Suicide Awareness Voices for Education maintains a resource list at: <http://suicidgrief.save.org/ResourceLibrary>

Suicide Loss Survivors. The American Association of Suicidology (AAS) hosts a webpage with resources for survivors of suicide loss at <http://www.suicidology.org/suicide-survivors/suicide-loss-survivors>

Suicide Grief Resources. Helpful information, tools, and links for people bereaved by suicide at <http://suicidgriefresources.org/>

STOP Suicide Northeast Indiana. (2016). *Help & Hope: For Survivors of Suicide Loss*. Retrieved from <http://www.stopsuicidenow.org/toolkits-now-available/>

Florida's Statewide Office of Suicide Prevention (DCF):

<http://www.myflfamilies.com/service-programs/samh/prevention/suicide-prevention/index.shtml>

National Action Alliance for Suicide Prevention: The Public-Private Partnership Advancing the National Strategy for Suicide Prevention: <http://actionallianceforsuicideprevention.org/resources>

Coping After Suicide Loss: Tips for Grieving Adults, Children, and Schools. The American Psychological Association tip sheet. <http://www.apa.org/helpcenter/suicide-coping-tips.pdf>

The Steve Fund. Dedicated to the mental health and emotional well-being of students of color. <https://www.stevfund.org/>

Supporting Children who are Grieving a Death by Suicide Toolkit at <https://nacg.org/resource-library/>

Naseeha Muslim Mental Health Hotline: 1-866-627-3342 (available 9AM – 6PM PST)

AMALA Muslim Youth Hopeline: 1-855-952-6252 (available 6PM – 10PM PST except Tuesdays & Thursdays)

Find a *Muslim Mental Health Provider* in your area here: <https://muslimmentalhealth.com/directory/>

Muslim informational toolkits: <https://www.thefyi.org/toolkits/>

To access *Muslim Suicide Response Trainings and Manual:* Maristan.org

Resources on AAS website for people with *Autism:* <https://suicidology.org/resources/autism-resources/>

FSPC NEWSLETTER SUBMISSIONS

Please submit news, events, poems, & writings for FSPC Newsletter inclusion consideration. Be sure to follow safe messaging guidelines. Email Steve Roggenbaum, Chair, roggenba@usf.edu

FSPC MEMBERSHIP

New FSPC Membership or Renewal information available online at:

<http://floridasuicideprevention.org/membership>

FLORIDA STATEWIDE SUICIDE PREVENTION CONFERENCE DRAFT AGENDA (FEBRUARY 20-21, 2023)

FSPC's 7th Florida Taking Action for Suicide Prevention Conference held at Hyatt Place Tampa Wesley Chapel: Monday & Tuesday, Feb. 20 & 21, 2023.

The FSPC conference online registration is open - <https://floridasuicideprevention.org/fspcevents/> There is still time to register for the Pre-conference workshops or the full conference. The tentative conference agenda follows on the next three pages. Note that this is subject to change.



MONDAY 2/20/23	SIERRA I	SIERRA II	SIERRA III
7:30 - 5:00	<i>Registration</i>	<i>Registration</i>	<i>Registration</i>
8:00 - 10:00	PCW #1: Guides to Hope & Healing After Suicide Loss. Bennett, J., Oaks, Bennett, G.,	PCW #2: Upstream Suicide Prevention for Law Enforcement: Strengthening Mental Resilience, Marriages, and Money Management. Burns, P. & Burns, R.	PCW #3: The Zero Suicide Framework: Strategies, Resources, and Lessons Learned for Implementation & Outreach. Sever, Anna, Mathre, Cooper, Albert, & Agrawal
10:00 - 10:15	Break	Break	Break
10:15 - 12:00	PCW #1 After Suicide Loss Continued	PCW #2 Law Enforcement Continued	PCW #3 Zero Suicide Continued
12:00 - 1:00	<i>Lunch on your own</i>	<i>Lunch on your own</i>	<i>Lunch on your own</i>
1:00 - 1:20	FSPC Chair's Message, Roggenbaum	FSPC Chair's Message, Roggenbaum	FSPC Chair's Message, Roggenbaum
1:20 - 1:30	Brief Break	Brief Break	Brief Break
1:30 - 2:15	W1: Mitigating Suicide Risk in Youth: A School Perspective. Sicilian, Koller, Comegys, Quicco, & Smallos	W2: Growing Hope: Tools and Connections for Suicide Prevention Outreach A 2023 Update on Efforts with Local Veterans and Youth. Bohn	W3: Suicide Prevention: The Role of the Church. Dobson
2:30 - 3:15	W4: Hope, Help & Healing: A School Wide Peer-to-Peer Youth Suicide Program that Works. Kallay	W5: Talkable Communities. Pagel, Hodgkins, & Rulien	W6: First Responders and Suicide. Smith, M.
3:15 - 3:30	Networking Break	Networking Break	Networking Break
3:30 - 4:15	Room Unavailable	W7: Planning Florida's Continued Path to Preventing Suicide. Smith, C. & Sever, Anna	W8: Suicide Postvention: Supporting Families, Leadership, and Communities. Stumpf Patton
4:30 - 5:15	Room Unavailable	W9: Partnership and Safety: Collaborative Crisis Response with Law Enforcement. Alker & Zhao	W10: Enhancing Protective Factors for the Prevention of Suicide Amongst Veterans: The WPB VAHCS Collaborative Initiative. Glemaud & Mikaelson

5:30 - 7:00	POSTER SESSION		
	<p>P1: Florida School Toolkit for K-12 Educators to Prevent Suicide (S.T.E.P.S.). Castelana</p>	<p>P6: A Comprehensive Approach to Suicide Prevention Among First Responders. Carlson-Moore</p>	<p>P11: A Demographic Analysis of Military Veteran Suicide in Florida, 2018-2020. McDaniel & DiBlanda</p>
	<p>P2: Partner Suicide: Processing Trauma, Grief, and Loss Using Response Art. Bulone</p>	<p>P7: TAPS Suicide Postvention Model: From Grief to Growth. Stumpf Patton</p>	
	<p>P3: Suicide Prevention in Higher Education: The First Year Experience Outcomes at Nova Southeastern University. Rambarran</p>	<p>P8: The Influence of Social Connectedness and Sense of Belonging on Help-Seeking and Help-Giving Behaviors Among College Students. Chiarodit, Swanbrow, Becker, & Yin</p>	
	<p>P4: Department of Veteran Affairs Suicide Prevention 2.0, Community-Based Interventions. Newsome</p>	<p>P9: Suggestion for Culturally Tailored Suicide Prevention: A Reflection on Online Suicide Notes Between Chinese and English Posts. Yin, Swanbrow, Becker, & Chiarodit</p>	
	<p>P5: What Can Happen When A Community Comes Together for Suicide Prevention A Poster by the EscaRosa Suicide Prevention Coalition. Burns, R.</p>	<p>P10: Because One More Suicide Is Too Many. Palacios & Russell</p>	

TUESDAY 2/21/23	SIERRA I	SIERRA II	SIERRA III
8:30 - 9:15 am	Statewide Office of Suicide Prevention - Sever, Anna	Statewide Office of Suicide Prevention - Sever, Anna	Statewide Office of Suicide Prevention - Sever, Anna
9:15 - 9:30	Break	Break	Break
9:30 - 10:15	W11: Analysis of Suicides Among Black Males, Ages 25 and Older, from the 2019 Florida Violent Death Reporting System. Liller, Amoros, Ramirez, DiBlanda, Agrawal, Trejos, Salinas, & Thomas.	W12: Building a Local Suicide Prevention Coalition. Burns, R.	W13: Self-Care Techniques For Behavioral Health Workers. Paro-Tompkins, Anderson, Chait, Young, & Sever, Angelique
10:15 - 10:30	Networking Break	Networking Break	Networking Break
10:30- 11:15	W14: Teen Mental Health First Aid as a Suicide Prevention Tool. Robinson-Wheeler	W15: Community-Based Interventions for Suicide; The VA Needs You. Taylor	W16: The Need For Sustaining Suicide Postvention Activities That Are Tailored To Different Levels of Survivors. Observations From a Family Suicide Prevention Foundation. Zunguze, S. & Zunguze, L.
11:30 - 12:15	W17: Embracing the Needs of LGBTQ+ Youth Through Affirmative Care. DeLaCruz	W18: Suicide Prevention Within Law Enforcement: Keeping your Beat Partner Safe. Burns, P.	W19: Can Hope Be Introduced To Survivors of Death by Suicide... Yes It Can. Jacquith & Bulcne
12:15 - 1:30	Lunch (on your own)	Lunch (on your own)	Lunch (on your own)
1:30 - 2:15	W20: You Are A Lifeguard. Stahlman	W21: CRUMES - Noticing and Navigating Our Way To Firefighters in Crisis. Steen	W22: Allegory, Metaphor & Analogy, Part I: Seeking Help "The Rock Presentation." Bennett, G.
2:30 - 3:15	W23: Preventing the Tragic Loss of First Responders. Carlson-Moore	W24: Suicide Within The Workforce. Garrick	W25: Allegory, Metaphor & Analogy, Part II: Hiding Pain - "The Pretty Sheet" & "The Mirrored Box." Bennett, J.
3:15 - 3:30	Networking Break	Networking Break	Networking Break
3:30 - 4:15	W26: Suicide Prevention Screening in the Emergency Department. Lewis, Pirola, & Fernandez	W27: Tips for Working in the Mental Health Field as a Young Professional. Adkins	W28: From Hopeless to Happiness. Mack
4:30 - 5:15	W29: Tactical Healing: Neuroscience Based Approaches for Military Service Members. Simpkins	W30: Connect, Care and Follow Up - These ACTIONS Show Our Heart and Compassion. Kint	W31: Suicide Prevention - Have We Got It All Wrong? Hcft